

Tour De Donut

Official Volunteer Guide

WELCOME

Dear Friends of the Tour De Donut,

On behalf of the Boeing Employee Bicycle Club and Staunton Chamber of Commerce, we want to thank you as riders, volunteers and sponsors for participating in this year's Tour De Donut event. While this day is all about you, and making it a fantastic day of riding or serving, know that the end result is a significant amount of support having been raised for the Staunton-area and cycling-related charities.

We wish you a wonderful day as you participate in this year's event. A tremendous amount of planning has gone into this event in hopes of making it safe and fun. Our goal is to continue to be the premier donut ride in the United States.

I look forward to seeing you and thanking you personally at the finish line!

Good Luck!

Christian Hasselberg

Tour de Donut Race Director

(618) 670-2911 (race emergencies)

Cara Dexheimer

City of Staunton Focal

EVENT SCHEDULE – DISTANCE RIDES

Saturday July 9, 2011

Volunteer Check-in at the city park – 6:45am

Cyclists Begin Registration – 7:00am–8:55 am

Tour De Donut Start – 9:00 am

This ride will take between 1 hour 15 minutes and 3 hours for most riders. The average rider consumes 3-4 donuts.

Timing officially ends at 12:00pm.

Awards ceremony will occur at 12:30pm.

RIDE ETIQUETTE

While our ride route is supported and has been chosen carefully, it will run on active city streets. Riders are expected to know follow all applicable laws. Please ride on the right and be sensitive to our community neighbors who graciously allow us to share their roads. Participants must wear bicycle helmets! We strongly encourage you to ride music free! While riding with music can be very enjoyable when alone on a sparsely traveled route, doing so during an event like this is extremely hazardous to you and to other participants. Please put safety first and leave your headphones behind.

We will have two donut stops – one at Prairietown and another in Worden. These stops will have water and donuts to keep you powered and hydrated through the event.

MEDICAL SUPPORT

We have secured the support of Staunton EMS services & support along our route for this event. Should you have a minor fall, our rest stops/aid stations will be supplied with bandages and first aid supplies. Should you require medical attention, we will assist by getting professional medical assistance to you as quickly as possible.

EMERGENCY PROCEDURES

In the event of an emergency that would cause the ride to be altered, shutdown or any other situation that would steer you from the original route, please listen to the information given by one of our Boeing Employee Bicycle Club members who will be dressed in a White Shirt, as they will be in contact with the Ride Director.

WEATHER POLICY

When weather conditions present a danger to participants as a whole, we maintain the right to cancel the ride. This will only occur in the event of threatening severe weather. July is a month with showers

and potential cloud bursts in the St. Louis area. Unless there is lightening or other very severe weather predictions, the event will be held, though we will reserve the right to alter course routing for safety reasons.

COURSE MARKINGS

The 2010 ride will be marked by a combination of signage and chalk paint.

GEAR

Volunteers should plan to carry everything that they need with them on ride day. We strongly recommend leaving any items that you want secured with your vehicle. There will be limited storage or check at the Start/Finish area.

STARTING LINE AREA

We will have a mass start again except we will ask the recreational riders to start after the competitive riders to improve rider safety at the start.

There will be a bike mechanics and SAG wagon support during the race.

GOOD TO KNOW

You will get a "Volunteer T-Shirt!"

RIDE MORNING

Make a final check of the weather to determine if you will want to bring rain gear. You should definitely plan on bringing:

- Comfortable Shoes
- Sun Protection (visors, sunscreen, hats)
- a Water Bottle
- Identification
- Emergency Cash

Arrive at your Volunteer Station with plenty of time to check-in, pick up your T-Shirt and get final instructions on your volunteer position.

Tear Down/Clean Up: We will begin wrapping up the day's activities at 1pm. We know that you will have already done so much to make this day possible but if you have anything left in you, we welcome you to stay and help with the clean up and tear down!

START/FINISH MAPs will be available on race day.